

Confidence (Session 2)

Purposeful Lives; Peaceful Hearts



CONFIDENCE

THE FEELING OR BELIEF THAT ONE CAN RELY ON SOMEONE OR SOMETHING; FIRM TRUST.

DECLARATIONS

1. THE LORD IS MY LIGHT.
2. THE LORD IS MY SALVATION.
3. THE LORD IS THE STRENGTH OF MY LIFE.

REFLECT

What does it look like to declare the goodness of God?

What are you speaking about life to yourself?

What are ways you can begin to speak life?

What does it mean for the Lord to be your light?

How have you experienced the Lord as your light?

What does it mean for the Lord to be your salvation?

What has the Lord saved you from?

What does it mean for the Lord to be your strength?

How would you like to see the Lord strengthen you?

ASSIGNMENTS

1. Make your declarations 3x each day.
2. Do a speech audit on yourself.

PSALM 27

The Lord is my light and my salvation;
Whom shall I fear?

The Lord is the strength of my life;
Of whom shall I be afraid?

When the wicked came against me
To eat up my flesh,
My enemies and foes,
They stumbled and fell.

Though an army may encamp against me,
My heart shall not fear;

Though war may rise against me,
In this I will be confident.

One thing I have desired of the Lord,
That will I seek:

That I may dwell in the house of the Lord
All the days of my life,

To behold the beauty of the Lord,
And to inquire in His temple.

For in the time of trouble

He shall hide me in His pavilion;

In the secret place of His tabernacle

He shall hide me;

He shall set me high upon a rock.

And now my head shall be lifted up above my enemies all around me;

Therefore I will offer sacrifices of joy in His tabernacle;

I will sing, yes, I will sing praises to the Lord.

Hear, O Lord, when I cry with my voice!

Have mercy also upon me, and answer me.

When You said, "Seek My face,"

My heart said to You, "Your face, Lord, I will seek."

Do not hide Your face from me;

Do not turn Your servant away in anger;

You have been my help;

Do not leave me nor forsake me,

O God of my salvation.

When my father and my mother forsake me,

Then the Lord will take care of me.

Teach me Your way, O Lord,

And lead me in a smooth path, because of my enemies.

Do not deliver me to the will of my adversaries;

For false witnesses have risen against me,

And such as breathe out violence.

I would have lost heart, unless I had believed

That I would see the goodness of the Lord

In the land of the living.

Wait on the Lord;

Be of good courage,

And He shall strengthen your heart;

Wait, I say, on the Lord!